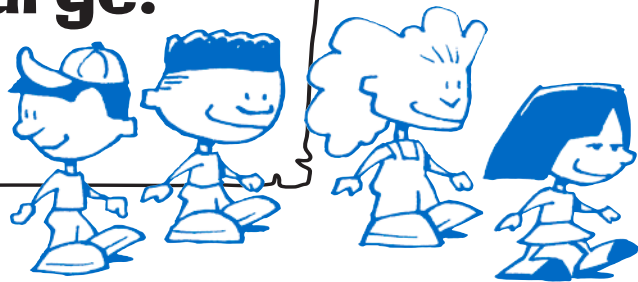


Got 2B SAFE!

Think Smart and Take Charge!



Dear Educator,

We are pleased to provide you with the educational program "Got 2B Safe! Think Smart and Take Charge!" Created by Weekly Reader, in association with the National Center for Missing & Exploited Children (NCMEC), and sponsored by Honeywell, this valuable program can help your students learn specific rules that can increase personal safety.

Teaching personal safety skills has never been more important. The world can be a dangerous place for our children. They are often in situations that didn't exist when we were young. Does every child have a trusted adult he or she can talk to about uncomfortable topics? How should children behave when on the Internet? What should they know to stay home alone safely? "Got 2B Safe! Think Smart and Take Charge!" can provide answers to these questions for your students.

As a teacher, you know that children often lack the skills and judgment to practice effective personal safety. But in a trusting environment, with directed, interesting and engaging materials, children can be taught what they need to know to help protect themselves against abduction and exploitation. Throughout the program, *Four Rules* will be reinforced: *Check first; Go with a friend; It's my body* and *Tell a trusted adult*.

Your third grade students are at a critical developmental milestone, becoming more aware of the world around them. "Got 2B Safe! Think Smart and Take Charge!" is designed to help them get smarter about their own safety. And once you've completed the classroom activities with your students, we have provided a reproducible parent/guardian take-home that can continue these valuable lessons in the home.

We would also like to take this opportunity to invite your students to visit our new web site for children, www.honeywell.com/got2bsafe. We've created new activities for your students and the entire *Got 2B Safe* program can be downloaded from this site. We believe you will find it a valuable resource for reinforcing the safety rules your students need to know.

Additional personal safety materials from the National Center for Missing & Exploited Children are available at www.missingkids.com or by calling **1-800-THE-LOST (1-800-843-5678)**.

We encourage you to share this important educational kit with your fellow teachers in your grade, plus grades two and four, as the materials are easily adaptable. Although the materials are copyrighted, you may photocopy unlimited sets for teaching purposes. We hope that you will also take a moment to complete and return the survey. We welcome your comments, which help us to better serve your needs and the needs of your students.

Sincerely,

Ernie Allen
President and Chief Executive Officer
National Center for
Missing & Exploited Children

Tom Buckmaster
President
Honeywell Hometown Solutions



Honeywell

OJJDP Office of Juvenile Justice
and Delinquency Prevention
Office of Justice Programs • U.S. Department of Justice

WEEKLY WR READER



Introduction

Personal safety is a topic that our children need to learn. Understanding what they can do to better protect themselves may keep them safer. “Got 2B Safe! Think Smart and Take Charge!” will engage them in learning activities that will have them thinking about safety in a kid-friendly way.

This program is not meant to alarm children, but will be an important step in developing an attitude of self-awareness in one’s surroundings that every person must have. By providing children with skills they can practice, and letting them know that there are adults who they can trust and who care about them, you can help your students move more confidently through their busy days.

Four Rules will be reinforced through these activities: *Check first; Go with a friend; It’s my body and Tell a trusted adult.*

Target Audience

“Got 2B Safe! Think Smart and Take Charge!” is created for students in the third grade. It is a critical time to help them become smarter about personal safety. The program can also be adapted for use with second and fourth graders.

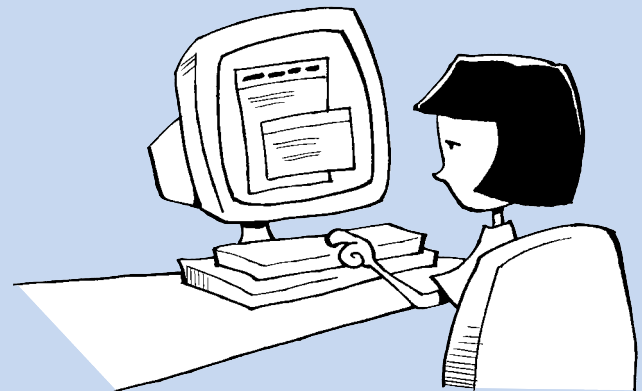
Program Objectives

- To teach children the skills they need to know to be assertive and help protect themselves from abduction and exploitation.
- To help children be smarter, stronger and empowered, and to learn the rules they need to know to be safer.
- To provide children with engaging materials to learn about personal safety and opportunities to practice these skills.
- To provide parents with information to help them teach their child about safety and protection measures.

Program Components

- This Teacher’s Guide with suggestions for introducing and teaching the activities, follow-up activities, and recommended support materials
- Four reproducible master worksheets (one for each activity)
- One wall poster
- A reproducible parent/guardian take-home letter
- Educator program survey
- Educator reply card

Please take a moment to fill in the survey and reply card. We value your professional opinion.



Getting Started

The National Center for Missing & Exploited Children has an extensive web site that will be helpful in preparing you to teach “Got 2B Safe! Think Smart and Take Charge!” Visit www.missingkids.com and you can read important safety materials created for students, parents and teachers. The material can also be ordered by calling **1-800-THE-LOST (1-800-843-5678)**. You can also download the materials in this kit from Honeywell’s web site at www.honeywell.com/gotzbsafe.

REMEMBER THE FOUR RULES:

- *Check first*
- *Go with a friend*
- *It’s my body*
- *Tell a trusted adult*

Begin “Got 2B Safe! Think Smart and Take Charge!” by photocopying Activity One: Let’s Take a Safety Test! for each of your students. Start with a classroom discussion about safety—ideas could be recorded on the blackboard. Have your students brainstorm when they need to think about their safety. Answers will most likely include when on a bicycle, in a car and crossing the street. Lead the discussion towards other less obvious situations when thinking about their personal safety. This new direction should include situations such as Internet safety, walking to AND from school with a friend, or staying home alone. Introduce the *Four Rules* that are printed on each activity and the poster: *Check first; Go with a friend; It’s my body and Tell a trusted adult.*

Activity One: Let's Take a Safety Test!

This safety test will allow you to determine what your students do and do not know about the topic of safety.

Give each child his or her own copy of the Safety Test. Explain that a multiple choice test provides several possible answers but only one is correct.

The answers are:

1) b; 2) a; 3) b; 4) c; 5) b; 6) a; 7) c

There are several ways in which the tests can be used after they are completed:

- Write the correct answers on the board and have the children self-correct their tests.
- Have each child correct the test of someone else.
- Read each question aloud and have different children verbally offer their answers.
- Divide the class into seven small groups, one for each question. Have them discuss the question and answer and then present it to the class.

Whichever way you decide to share the answers with your students, it is important to take time to talk through each question and each correct answer so the rules are well understood.

Then have your class create a safety bulletin board. It could be titled: Our Back-to-School Safety Board. Talk about the different places presented in the test questions—such as at home, playing on the computer, at the mall—and have children put up visuals of these places, either drawn or cut from magazines, with a list of safety rules for each situation underneath the images.

Extension Activities:

- Children enjoy role-playing. Choose several of the test questions and have small groups act out the events as presented, following the correct safety rules in each situation. For example, have kids pretend they are playing in their yard when a car drives up, two adults get out and they ask for help finding their puppy.
- Have each child write their own Safety Test question and create a classroom test that everyone can take.
- Have each child draw a map from where they live to school. They can mark their route to school and how they travel (by walking, car, bus) and then list the safety rules for getting to AND from school.

Activity Two: What Would You Do?

Photocopy this activity for each of your students.

This activity presents four scenarios, A through D, of real-life situations that your students may encounter. Have each child work independently, reading each situation and then writing an answer on the activity sheet.

As with Activity One, it is extremely important that the children hear and learn the correct rules for each scenario.

Answers:

Situation A:

If you think a car might be following you down the block, turn around quickly and go the other way. Go home, into a neighbor's house that you know, or into a store. Tell a trusted adult about the car.

Situation B:

Walk away quickly from the man and go up to a theater employee taking tickets or selling popcorn. Tell him or her you were approached by the man. Also ask if the person in charge, the manager of the theater, can walk you outside to meet your Mom. Tell your Mom what has happened.

Situation C:

Tell your parents or a trusted adult about your friend's relative. Ask that they make sure you don't visit your friend when the relative is at their house. Be glad that you are aware enough to sense that something might not be quite right in this person's behavior towards you and avoid him.

Situation D:

Hang up the phone. If it rings again immediately, don't answer it. If you have a phone machine, make sure it is on to take calls if you are home alone. Discuss with your parents if you should answer the phone when home alone and what you should say. Some families make up signals to reach one another, i.e., phone once and hang up, call again.

Share your students' answers in small groups or with a larger class discussion.

Extension Activities:

- Have your students come up with new situations and create another classroom activity sheet.
- Have each student write up a situation, give the answer, and draw a picture to illustrate the scenario. Collect these pages into a classroom binder called "What We Would Do!" *Our Solutions for Safety.*

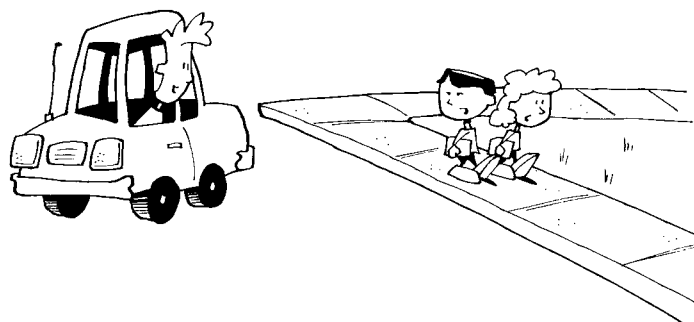
Activity Three: Time for Safety!

Photocopy this activity for each of your students.

A clock face without hands but with numbers is featured on this activity. By filling in the clock with daily activities, children can visually see how they can practice skills to be safer.

Begin by brainstorming what safety skills can be practiced throughout the day. Then, children can be asked to work on their own clock face and begin in the morning by writing in the time they leave for school, plus what rules they can follow to be safer going to school.

Students should continue writing on the clock around the day, including after-school activities and time at home. They can also add colors to their clock, and draw pictures as well.



Examples:

- 8:20 a.m. Walk to school with my friends, John and Amanda, on the approved school walking route
- 10:30 a.m. Playground time; report anyone unusual near the school to a teacher immediately
- 4:00 p.m. Check E-mail; delete mail I don't recognize and tell my parents, guardians or caregiver if I receive anything that makes me feel scared, uncomfortable or confused

Have your students share their clocks in the classroom so everyone can become aware of the different situations in other children's lives. For example, Molly may walk to school, while Bobby takes a city bus. The safety rules in these two situations can be compared and contrasted.

Extension Activity:

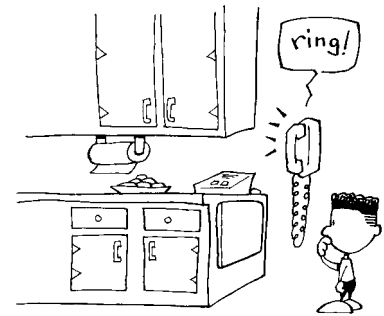
- An oversized clock face can be drawn on poster board and different children can be assigned to write times, school events, such as recess, and safety rules on it. This can be posted in the classroom.

Activity Four: My Got 2B Safe Checklist

As you know, the parents or guardians of your students hold the greatest responsibility for their children's safety. Activity Four, which is a homework assignment, will help children and their families talk about and think through the safety rules for their individual homes. Communication and discussion is imperative for helping children be safer. Often families have not created their own sets of rules regarding the telephone, the computer, getting separated at a mall, etc. This activity could prove to be very effective in helping a student feel more secure and confident.

Again, photocopy Activity Four for each child.

Have him or her circle "Yes" or "No" for each question. Then ask them to take the questions home and do the sheet with a parent or guardian. Have a class discussion about the questions in your classroom before and after the activity is completed.



Additional Resource Materials

Listed below are descriptions of brochures available at the National Center for Missing & Exploited Children (NCMEC) for parents/guardians of students, children, counselors, and other professionals working with children and their families. Up to 50 copies of each brochure are available free of charge, and additional copies can be ordered at a nominal fee. Brochures can be viewed, downloaded, and ordered at NCMEC's web site, www.missingkids.com. You can also call 1-800-THE-LOST (1-800-843-5678) to place an order. Many of NCMEC's publications are also available in foreign languages.

Child Protection

Prevention information for parents, guardians and children

Child Safety on the Information Highway

Safety tips for families whose children use online computer services

Guidelines for Programs to Reduce Child Victimization: A Resource for Communities When Choosing a Program to Teach Personal Safety to Children

Just in Case Series - individual brochures for parents, guardians and professionals titled Just in Case...

- *Finding Professional Help in Case Your Child is Missing or the Victim of Sexual Exploitation*
- *Using the Federal Parent Locator Service*
- *You Are Considering Daycare*
- *You Are Considering Family Separation*
- *You Are Dealing with Grief Following the Loss of a Child*
- *You Need a Babysitter*
- *Your Child Might Someday Be Missing*
- *Your Child Might Someday Be A Runaway*
- *Your Child Might Someday Be the Victim of Sexual Exploitation*
- *Your Child is Testifying in Court*

Know the Rules Series - individual brochures and tip sheets titled...

- *Abduction and Kidnapping Prevention Tips for Parents and Guardians*
- *After-School Safety for Children Who Are Home Alone*
- *Child Safety for Door-to-Door Solicitation*
- *For Child Safety in Amusement or Theme Parks*
- *For Child Safety in Youth Sports*
- *For Going To and From School More Safely*
- *General Tips for Parents and Guardians to Help Keep Children Safer*
- *Internet Safety Quiz for Adults*
- *New Neighborhood Safety Tips*
- *Safety Tips for Halloween*
- *Safety Tips for the Holidays*
- *School Safety Tips*
- *Summer Safety Tips*
- *When Your Child is Flying Unaccompanied*
- *When Your Child is Traveling Unaccompanied by Bus or Train*

Knowing My 8 Rules for Safety

Safety tips for children (fold-out poster)

Teen Safety on the Information Highway

Safety tips for families whose older children use online computer services

